



| 2023 | | | | 2023 |
|--|--|--|--|---|
| Monday | Tuesday | Wednesday | Thursday | Friday |
| No School | No School | B: Omelet L: Teriyaki Chicken Asian Rice Tea Roll Fortune Cookie | B: Chocolate Donut L: Spaghetti w/ meat sauce Green Beans Garlic Bread | B: French Toast L: Turkey Melt Baked Beans Chips |
| 9 | 10 | 11 | 12 | 13 |
| B: Sausage & Biscuit L: Hamburger on a Bun Spiral Fries | B: Eggstravaganza L: Italian Dunkers Marinara Sauce Green Beans | B: Glazed Donut L: Chicken Strips Mashed Potatoes w/ Gravy Tea Roll | B: Pancakes L: Soft Shell Taco Tri Tator Refried Beans | B: Egg & Biscuit L: Hamburger on a Bun Spiral Fries Vegetable & Fruit Bar |
| 16 | 17 | 18 | 19 | 20 |
| B: Uncrustable L: Chicken Patty on a Bun Au gratin Potatoes Peas | B: Yogurt & Pop Tart L: Crispitos w/ Cheese Sauce Green Beans Oreo Fluff | B: Waffles L: Salisbury Steak Mashed Potatoes w/ Gravy Tea Roll | B: Cinnamon Roll L: Fiestada Pizza Corn Jell-O | B: Egg Patty & Biscuit L: BBQ Pork on a Bun Baked Beans Chips |
| 23 | 24 | 25 | 26 | 27 |
| B: Omelet L: Biscuit & Gravy Corn Tri Tator | B: Long John L: Chicken Fajita on Flat Bread Peas | B: French Toast L: Country Fried Steak Mashed Potatoes w/ Gravy Tea Roll | B: Breakfast Cookie L: Chili w/ Crackers Cinnamon Roll Cheese Stick | B: Chocolate Donut L: Calzones Green Beans Orange Fluff |
| 30 | 31 | - // | <u> </u> | |
| B: Pancakes L: Ham & Scalloped Potatoes Peas Tea Roll | B: Uncrustable L: Pepperoni Pizza Corn Cookie | | | YEAR |

All Breakfast Meals (B) include: Variety of cereal or oatmeal.

All Breakfast Meals (B) Include: 8 oz. Milk Fruit or Fruit Juice

OZ. MIIK

All Lunch Meals (L) include:

8 oz. Milk Salad Bar

Salad Bar may include the following options:

Fresh Lettuce Fresh Spinach Carrots / Celery Tomatoes Diced Eggs Bean Variety Cucumbers Fruit Variety









